



Anti-Bullying and Anti-Violence Plan



End-of-Year Evaluation

2023

School:	Laval Junior Academy	Shared with Governing Board	June 13, 2023
Principal / Centre Director:	Eric Ruggi	Shared with Teacher Council	June 20, 2023
		Shared with Parents	June 30, 2023
		Submitted to Director of Pedagogical Services and Director General	June 16, 2023

Priorities

- 1) Reduce the number of students that feel anxiety, decrease from 32% to the Canadian norm which is 24%.
- 2) Increase the number of students that feel safe in our school from 35% to Canadian norm of 64%.
- 3) Increase the number of students that have a sense of belonging from 56% to the Canadian norm of 70%

Actions / Initiatives to Maintain or Let Go

- The administration will continue to apply the school's Anti-Bullying, Anti Violence Plan (ABAV) for incidents of bullying, racism and violence.
- Every school staff member will continue to collaborate in implementing the Anti-Bullying and Anti-Violence Plan (ABAV) and endeavor that there is a decrease in the number of students in the school who are victims of bullying or violence. To ensure this takes place, the administration will organize regular open communications with the school team regarding the implementation of the ABAV plan.
- The Governing Board will continue to monitor and approve the school's Code of Conduct. The Code of Conduct includes measures to address bullying, racism and violence. The principal will ensure that the Code of Conduct as well as the ABAV plan are placed on the school's website for the school community.
- The Governing Board continues to monitor the school's student cell phone policy so as to reduce incidents of bullying. In 2022-23, the governing board modified the policy to ban the use of cell phones by students in the building unless they are under the direct supervision of a teacher or staff member.

Direct Support to Students:

- Students will continue to receive support. Several Special Education Technicians are available to assist administration in dealing with any issues reported by teachers & staff.
- Students have access to a Chilling Lounge where they can feel safe in a small environment.
- School yard renewal and common play/gathering area.

- Circles for students (discussion support group). This was for restorative practices and for justice reconciliation.
- Increase ECAs (Extra-Curricular Activities) at lunchtime.
- Continue the organization and participation of anti-bullying and anti-violence activities throughout the year. Students will continue to be sensitized to the effects of bullying through student assemblies, presentations and workshops.

Presentations for students:

- In collaboration with *Épique* we provide Assemblies and class visits (workshops) about sexting, bullying, cyberbullying, racism, homophobia and to help motivate and empower students to speak out against bullies as well as become responsible Digital Citizens.
- Provide Mindfulness workshops as well as Stress and Management workshops to students. AGAPE with the Spiritual Animator from the school board, Daniel Johnson as well as Victoria, will continue working with students on leadership development, resiliency, healthy habits and self-esteem, and enhancing communication and collaboration skills.
- Assemblies (in the auditorium) for students by varied speakers will be provided to help motivate and empower students to speak out against bullies (Several videos and presentations will be made available to teachers and their classes throughout the year).
- Students had an assembly with our community police officer & principal on the dangers of the misuse of cellphones and social media.

Student Recognition:

- LJA coins for recognition of achievement or positive behaviors will continue.
- Highlight success and achievement, good behavior and positive community involvement through rewards like extended lunch, pizza parties, ice cream days free lunch passes, etc.

Targeted Interventions

- *Student Success Center*, where students go to serve in-school suspensions or when they are sent out of class due to inappropriate behavior. They are assigned work and are expected to complete it under a behavior technician's supervision. The behavior techs are trained in conflict resolution as well as restorative practices. We encourage the student to engage in reparation with his/her behavior.
- The administrative team will continue to support staff during unstructured time (recess and lunch) on reporting incidents and being vigilant during supervision.
- The school team will continue initiatives to promote kindness and a healthy lifestyle; to help maintain a positive school climate.

School Measures:

- Providing professional development for staff (Restorative Practices) including a First Aid Kit with Tools for mental health, this will be provided through AGAPE. ***Some of the staff members have received the training but it will be provided at the beginning of the next school year for all staff. It was too late in the year for the training.***
- Expand Behavior Management Systems (BMS) Training to all staff to ensure a respectful learning environment for all. This will enhance desirable student behaviors and a greater understanding for coping with and preventing negative behaviors. BMS emphasizes prevention of inappropriate and disruptive behavior through awareness of factors affecting behavior, recognition of early warning signs, and the use of caring, de-escalation techniques, and safe physical intervention methods for the rare instances when they may be required.
- All students will continue to participate in the Our School Survey questionnaire, completed this past year in November 2022 during class.

- Additional supervision throughout the day; extra supervisors hired to assist with the supervision needs of the school during class time, recess, or lunch
- Continue monitoring the number of violence/bullying incidents that take place in the school (Mozaik) to help provide comparisons to previous years and help us make changes to achieve our goals.
- We offered a conference for parents about the dangers of cell phones as students use it as a tool for bullying.

Participation in School Life:

- Continue to Provide our students with areas to hang out with friends like the Chilling Lounge.
- However, there are ***not enough extracurricular activities organized*** at lunch. This is the area that we should further explore by asking teachers what they would feel comfortable organizing for students. Some of the comments from “Our School Survey” stated that they had a sense of belonging and felt safe when they felt close to a teacher. Extracurricular activities can provide this.
- We should consider different areas where students can participate in activities that are pop-up (temporary).

Actions / Initiatives to Develop

- We have a new social worker assigned to LJA. Her mandate is to work collaboratively with the administrative team to develop group activities in order to improve mental wellness.
- There were suggestions of having lunch activities such as: Zumba, yoga, dance, cooking classes, jewelry club (make bracelets etc.) These activities are meant help to relieve stress and anxiety but also help build a connection between our students and adults in the building. We should consider doing these activities in different areas of the building so as to reduce the number of students in block C.
- We will develop empathy activities as well as support groups for our students that are struggling with their identity.
- We should consider adding different areas where students can participate in activities that are pop-up (temporary); these activities can be monthly. The activities to be considered include: Karaoke contest, Foosball tournaments, Chess tournaments on a regular basis. Also have a video gaming club that competes against other schools since students are no longer allowed to use their cell for gaming in block C. Possibly have a contest to rename Block C, to remove the negative stigma and offer some of the activities in this area.
- We want to offer more information sessions for parents on different topics such as what does anxiety and depression look like with teens, what are the dangers of cellphones, how is vaping and wax pens affecting your teen, etc. We believe that we need to work in unison to help the students navigate through these issues.
- We want to work with outside organizations such as TRIL – Laval Island Street Work – to inform us on what is what’s happening to the students on the street – LSA has this service so there would be continuity for our students moving up to LSA and Project Z – Zero Exploitation, since our students have the possibility of hanging out at the mall.
- Lastly, we need to have an anonymous suggestion box so students can express how they feel in school and give us ideas on how to improve school life.